

NutriSource Services

Menus: Our system accommodates up to a 6 week cycle and can generate portion size variations according to age group or school grade level. Therapeutic diet, allergen, and special diet restriction menus can also be developed by request.

Cost Report: Based on the menu and portions being served, NutriSource can generate a customized report that breaks your menu down by price. Our software is linked to each individual product you are purchasing through your distributor and calculates the cost per day per serving.

Recipe Book: NutriSource has hundreds of contemporary and traditional recipes representing a wide variety of regional and cultural preferences. You can choose to keep your current recipes or utilize any of the recipes provided by NutriSource. The Recipe Book can be customized to any number of servings and includes step-by-step instructions on how to create each meal in an easy to read format for your staff.

Nutrition Analysis: By far the most requested and popular report, the Nutrition Analysis shows the nutrient composition (calories, protein, fat, fiber, sodium, etc.) of every item on your menu. You can feel confident that your meals and snacks are meeting recommended requirements. Our dietitians have years of experience with Child Adult Care Food Program (CACFP), National School Lunch Program (NSLP), and many other nutrition-focused regulations.